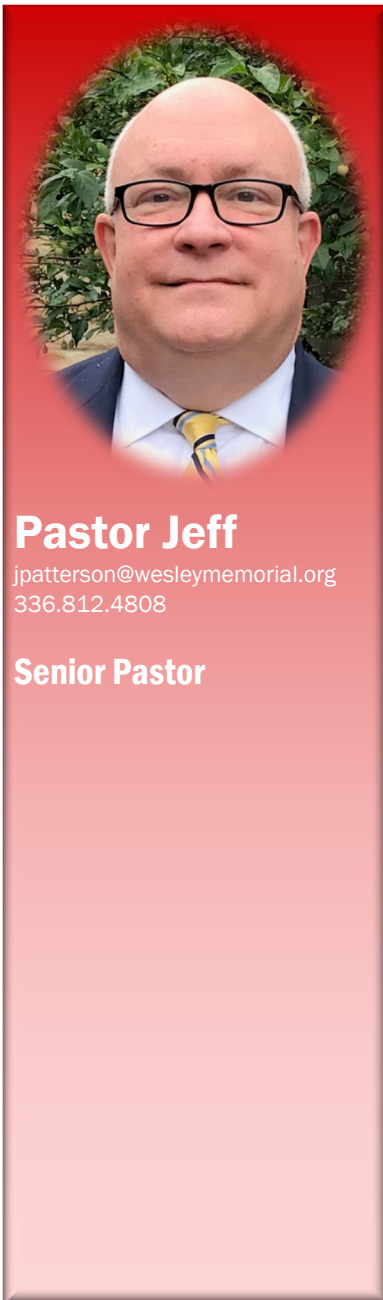


# T H E HEART ♥ BEAT

A monthly newsletter of Wesley Memorial United Methodist Church  
1225 Chestnut Drive • High Point, North Carolina • 27262  
336.884.2204 • [www.wesleymemorial.org](http://www.wesleymemorial.org)

March, 2020  
Vol. 28/No. 3



**Pastor Jeff**

[jpatterson@wesleymemorial.org](mailto:jpatterson@wesleymemorial.org)  
336.812.4808

**Senior Pastor**

## Good Gossip

For Lent, consider giving up gossip. Or, consider transforming your gossip into *good* gossip. Gossip is defined as “casual or unconstrained conversation or reports about other people, typically involving details that are not confirmed as being true.” So, good gossip would be casual or unconstrained conversation or reports about other people that is true, uplifting, and encouraging.

Look for the bright spots in life and share casual or unconstrained reports about that good news. If we have eyes to see, we are surrounded by the goodness of God. Banish talk that tears down other people or spreads negativity and adopt the practice of good gossip.

As you interact with our community, gossip the good news about our congregation. You will be giving a great gift to others. We have a lot of good news to share.

Here is just a small sampling of the good news that we can gossip:

- 1. Our worship attendance is up.** Just three short years ago, our average weekly worship attendance was under 400. For 2019, our average weekly worship attendance was 514. We see new people every week.
- 2. Our 9:45 contemporary worship is so full that people must search for seats if they come in late (unless they want to sit on the front row!).** Sometimes, families can't sit together. This is disconcerting for first-time guests.



*(Continued on page 2)*

Those of us who have known each other for years don't mind sitting on each other's laps, but that isn't true for people who are checking out our congregation for the first time. Can you imagine what Easter will be like? **So, we're starting a new contemporary worship experience on Easter at 8:30 am.** This will also allow the people who want to go to Sunday School or work with our children and youth to have the option of contemporary worship. This will make space for new people. Help us spread the word and invite new friends. Plan for growth.

**3. We finished our 2020 Stewardship Campaign with an increase of about \$95,000 over the previous year.** We still aren't where we want to be in order to finance all of our dreams, but we're getting closer.

**4. Hundreds of people are involved in small group ministry every week.** Our Bible Study groups, Unity Groups, Journey Groups, Sunday School Classes, prayer groups, UMW circles, mission groups, choirs, support groups, and others are changing lives weekly.

**5. A new young adult Sunday School Class will start on Sunday, March 15, at 11:00 am.** I'm grateful to Trip and Mary Cullen Dixon for convening and facilitating this group. Get the word out to our young adults.

**6. We have a marriage course (I Said This, You Heard That) and a parenting course (Parenting Through the Phases) happening now.** We are passionate about supporting families.

**7. We'll be dedicating our beautiful new Prayer Labyrinth on Palm Sunday at 10:30 am.** This gift to our community proclaims our passion for prayer and spiritual growth.

This is only a small sampling of the good things that are going on in our congregation. Pardon me if I didn't mention your favorite ministry. Help us get the word out about what God is doing at Wesley Memorial Church. Embrace the practice of good gossip. High Point needs what we have to offer.

With Confidence in Christ,

*Jeff*



**Worship Times**

**8:30 am Traditional  
(Chapel)**

**9:45 am Contemporary  
(Fellowship Hall)**

**11:00 am Traditional  
(Sanctuary)**

**EASTER SUNDAY**  
Sunday, April 12, 2020

**NEW WORSHIP TIME**  
**8:30 am Contemporary  
(Fellowship Hall)**



**Music Sunday**  
**March 29**  
**11:00 am**  
**Sanctuary**

SING  
TO THE  
*Lord*  
A NEW SONG;  
SING TO THE LORD,  
ALL THE EARTH.  
PSALM 96:1



Hymns, anthems and readings  
based on Psalms,  
including Mendelssohn's  
"Hear My Prayer;"  
with Chancel Choir,  
Children K-5 and  
JuBELLation  
Handbell Choir.

 **Wesley Memorial United Methodist Church** | Sunday Morning Worship Times  
1225 Chestnut Drive • High Point, NC 27262 • wesleymemorial.org | 8:30 • 9:45 • 11:00

A special THANK YOU to **Jackie Gillespie** who gifted the Paschal Candle stand and 2020 Paschal candle in the sanctuary for the glory of God in loving memory of her husband, **John Gillespie**, who passed away on February 15, 2013. And THANK YOU to **Harriet Mattes, Bob Carter, Betty Jeanne Day, Dottie O'Connor, Martha Bass, Ivey Orr** and **Gloria Adams** who served on the team to choose the new Paschal candle stand and candle.



**Anne Carroll**

acarroll@wesleymemorial.org  
336.812.4816

**Director of  
Traditional Music**

**UMW Bazaar Fund Recipients for 2019**

|                         |        |                       |                       |
|-------------------------|--------|-----------------------|-----------------------|
| Wesley Memorial UMC:    |        | Leap                  | \$500                 |
| WMS Rainbow Fund        | \$2000 | Leslie's House        | \$500                 |
| Student Ministries      | \$600  | Feeding Lisa's Kids   | \$800                 |
| Wesley 100              | \$500  | West End Food Pantry  | \$800                 |
| Iglesia Metodista       |        | Macedonia Family      |                       |
| De Rincon, Puerto Rico  | \$500  | Resource Center       | \$1000                |
| Community Clinic        | \$1000 | Macedonia Food Pantry | \$800                 |
| Mobile Meals            | \$1200 | Mental Health Assoc.  | \$500                 |
| Women's Shelter         | \$1000 | Discretionary UMW     |                       |
| Open Door Ministry      | \$1000 | Mission Fund          | \$1300                |
| Open Door Food Pantry   | \$800  | Helping Hands         | \$1000                |
| Ward Street Food Pantry | \$800  |                       | <b>TOTAL \$16,600</b> |
|                         |        | Gifts In Kind         | \$975                 |

**2020 Special  
Mission Recognition  
Pin Recipients**

**Tommy Greene**  
**Betsy Hodge**  
**Judy Hustrulid**  
**Lucille Duncan**

Awarded for their work in organizational or leadership positions on mission and community projects.



**United  
Methodist  
Women**  
 FAITH • HOPE • LOVE IN ACTION

**NEW**  
**Sermon Series**  
**March 1 - April 5**

DISCOVERING THE MEANING

**EMPTY & FILLED**

AND THE POWER OF LENT

**March 1**

"Fasting for A Reason"  
Romans 5:12-19

**March 8**

"Detox of Self"  
Philippians 3:7-11

**March 15**

"An Internal Change"  
Joel 2:12-14

**March 22**

"Internal Becomes External"  
Isaiah 58:1-11

**March 29**

"Hold Fast"  
Hebrews 10:19-25

**April 5**

"The Power of Getting Low"  
Luke 19:28-40

Sunday Mornings  
8:30am • 9:45am • 11:00am

**New**  
**YOUNG ADULT**  
**Class**

**Sunday, March 15**

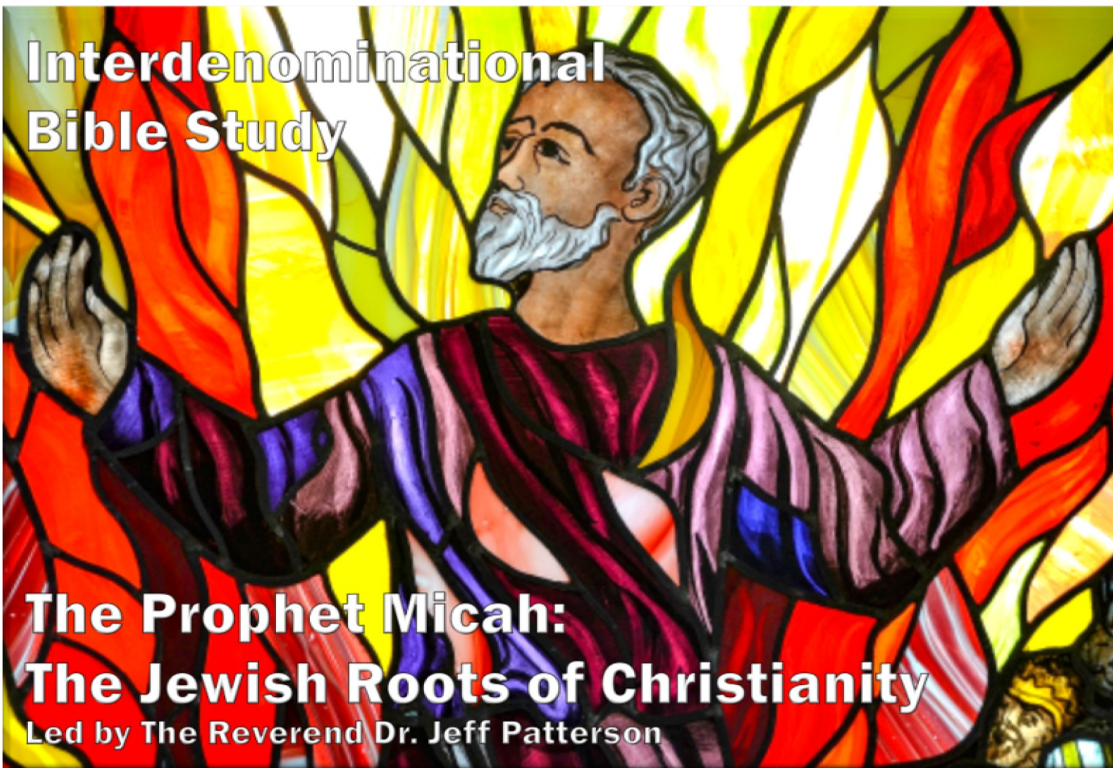
**11:00am • D202**



**Questions?**

**Trip & Mary Cullen Dixon**  
**trip.dixon3@gmail.com**

**Interdenominational**  
**Bible Study**



**The Prophet Micah:**  
**The Jewish Roots of Christianity**

Led by The Reverend Dr. Jeff Patterson

**Mondays**

March 23 thru  
May 11

10:30-11:30 am  
**Circle View**



## Merge Adult Bible Study & Middle School Life Groups

Every Wednesday in March  
6:45 – 8:00 pm, The Underground

## Ball & Bible for High School & College Guys

Every Tuesday in March  
Times Vary, The Fellowship Hall (check Instagram/Facebook)

## Edge of Adventure for all 12th grade students & friends

Sunday, March 1  
6:00 – 8:00 pm, The Nunn's House

## High School Life Groups @ Chick-Fil-A

Girls on Wednesdays @ 7:00 am & Guys on Thursdays @ 7:15 am

## Church Camp Registration

Opens Sunday, March 1. We are so excited!  
Go to [www.wesleymemorial.org/students](http://www.wesleymemorial.org/students) for more details



**Steven Nelson**

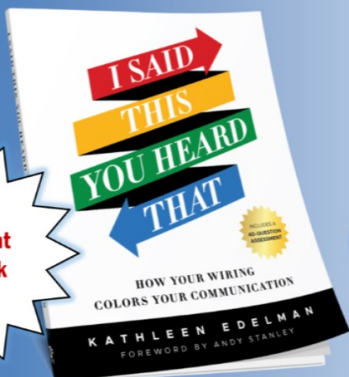
snelson@wesleymemorial.org  
910.232.6064

**Director of  
Student Ministries**

### 2020 Save The Dates

|  |   |
|--|---|
| Spring Workshop: <b>March 6 - 8</b>            | Alpha Omega Sunday: <b>May 17</b>       |
| Confirmation Retreat: <b>March 21</b>          | ManTreat: <b>May 30 - May 31</b>        |
| Confirmation Sunday: <b>March 22</b>           | Church Camp: <b>June 15 - 20</b>        |
| Middle School Lock-In: <b>April 4</b>          | WMUMC VBS: <b>July 20 - 23</b>          |
| Chicken N' Fixins<br>Fundraiser: <b>May 13</b> | Mission Trip: <b>July 26 - August 1</b> |
|  | Carowinds: <b>August 6</b>              |

February 12 – March 25  
(off February 26)



Books  
available at  
Front Desk  
\$15

**Wednesday Nights**

**MERGE**

WORSHIP • DISCUSSION • PRAYER • COMMUNITY ENCOURAGEMENT

**Adults and Students**

**6:45 pm in The Underground**  
(look for the **ORANGE** flag)

Questions? Steven Nelson 910.232.6064  
snelson@wesleymemorial.org

**Childcare Available**  
[wesleymemorial.org/childcare](http://wesleymemorial.org/childcare)

[wesleymemorial.org/childcare](http://wesleymemorial.org/childcare)

**reservations**  
for  
**CHILD  
CARE**



## Pastor Melissa

mloew@wesleymemorial.org  
336.812.4815

Associate Pastor of  
Congregational Care &  
Missions

Book Club 10:30 am • Lunch & Program 11:45 am

Tuesday  
March  
17

**LIVE** *alive*  
Serving Adults 55+

Reservations 336.884.2204 (by 3/13)



## Lent FAQ's

**Ash Wednesday** starts Lent out with the confession ‘remember you are dust and to dust you shall return’. In our American culture, we often shy away from the reality of our own human mortality. Yet, the season of Lent draws us to look at our mortality with honesty, acknowledging the depth of our need for God, our Creator and Redeemer.

**What is Lent?** Historically Lent was a season in which new believers in Jesus Christ prepared for baptism and that these affirmations are meaningful for us all as followers of Jesus Christ to reaffirm. Lent is a season of intentional spiritual formation in preparation for our Easter celebration as believers in the Messiah. It is a time of dying to oneself, that we might experience new life in Jesus Christ. It is a time of self-examination and repentance, prayer, fasting, and self-denial, reading and meditating on Scripture.

**So What is our ‘Baptismal Calling’?** – The baptismal affirmations that we as United Methodists affirm include:

- “Do you **renounce** the spiritual forces of wickedness, reject the evil powers of this world and repent of your sin?”
- “Do you **accept** the freedom and power God gives you to resist evil, injustice, and oppression in whatever forms they present themselves?”
- “Do you **confess** Jesus Christ as your Savior, put your whole trust in His grace, and promise to serve Him as your Lord, in union with the Church which Christ has opened to people of all ages, nations, and races?”
- “Will you **nurture** one another in the Christian faith and life and include these persons now before you in your care?”
- “Do you **believe** in God the Father?”
- “Do you **believe** in Jesus Christ?”
- “Do you **believe** in the Holy Spirit?”

**What is the meaning of the 40 days?** 40 Days of Lent correspond with the 40 days Jesus spent in the wilderness, the 40 years the Israelites spent in the desert, and the 40 days Moses spent on the mountain receiving the 10 commandments from God. The 40 days of Lent span the time from Ash Wednesday to Easter minus the Sundays, as each Sunday is a ‘mini-Easter’.



**STEPHEN MINISTRY**  
INTRODUCTORY WORKSHOP

**Saturday, March 7**  
**9:00 am—1:00 pm**

Wesley Memorial United Methodist Church  
1225 Chestnut Drive • High Point, NC • 27262  
336.884.2204 • [www.wesleymemorial.org](http://www.wesleymemorial.org)

\$15 per person. For more information or to register:  
[www.stephenministry.org/workshop](http://www.stephenministry.org/workshop)  
or call  
**314.428.2600**

In appreciation for serving as a host site for this workshop,  
members of Wesley Memorial are invited to attend free of charge.

WMUMC members  
contact Mike Flack to register:  
[gmlack@northstate.net](mailto:gmlack@northstate.net)  
or call  
**336.812.3559**

*Emptiness and fullness at first seem complete opposites. But in the spiritual life they are not. In the spiritual life we find the fulfillment of our deepest desires by becoming empty for God. We must empty the cups of our lives completely to be able to receive the fullness of life from God. --- Henri Nouwen*

During the Lenten season, Wesley Memorial will be engaging in a sermon series entitled “Empty and Filled: discovering the meaning and power of Lent”. It will explore the biblical concepts that, on the surface, appear to be at odds with one another. The series will also hopefully help shed some understanding regarding Lent for those who are unfamiliar with this historic practice of the Christian church.

For those who observe Lent, the question usually circles back to, “What are you giving up? Netflix? Chocolate? Reddit? Or dare I say it...caffeine?!?!” The act of sacrifice can become more of a focus rather than the purpose for the sacrifice itself. We can forget that the pinprick of temptation to eat chocolate or watch Netflix should actually serve as a reminder to pray, to seek, to long, to abstain and to be empty... and that once we are empty, we shall be full of God. Jesus is the prize and the One in which we seek during our fasting.

This upside-down way of looking at reality is throughout Jesus’ teachings: lose your life to find your life, when you give you shall receive, turn the other cheek and love your enemies, the poor will inherit the kingdom of God, to name a few.

If the spiritual Kingdom of God is indeed the real world (and it is), isn’t this what you would expect truth to look like? We live in a culture that demands constant consumption, constant fullness and constant attempts to quell the pangs that are within, but nothing satisfies. When Jesus said, “*One does not live by bread alone, but by every word that comes from the mouth of God.*” (Matthew 4:4) He wasn’t being figurative.

Nothing satisfies, that is, except for Word of God and the peace of God that comes through Jesus Christ. This same Jesus that emptied Himself of all privilege (Phil. 2:7) calls his followers to empty themselves as well, **for how can God fill up that which is already full of itself?**

This Lenten season, may the Lord richly bless each of you and may we empty the cups of our lives and in turn find the fullness of life from God!

**PARENTING  
THROUGH THE PHASES**  
Sundays • 11:00 am • Circle View Room



**Pastor Clark**

cchilton@weslymemorial.org  
336.812.4813

**Associate Pastor of  
Contemporary Worship  
& Evangelism**

**Missed  
a sermon?  
Want to  
hear it again?**



**Search for  
"Wesley  
Memorial  
Podcast"  
in iTunes or  
Google Play  
stores**





## Debbie Foust

dfoust@wesleymemorial.org  
336.812.4804

Director of  
Children's Ministries

join our  
group +

facebook®

Wesley Memorial Children's Ministries

## Director of Children's Ministries Search Update

In February, our Search Team (**Alison Collins, Beth Holbrook, Sarah Petty Gwen Russell, Tom Smothers, Iris Sunshine, Cynthia Tobin, and Alison Yates**) reviewed resumes, references, and video interviews from 4 national finalists as recommended to us by Ministry Architects. Upon prayerful reflection, the team decided to invite two candidates to come to High Point and further explore joining our ministry team. These candidates will be on campus on Sundays and Mondays, March 8 & 9 and 15 & 16. In addition to observing our Sunday morning activity, they will interview with the Search Team, interact with children, meet parents, and talk with the staff including Jeff, Melissa, Clark, Steven, JoAnn, Susan and Debbie. After these two weekends, the Search Team will reconvene to discuss the experiences, reflect on comments and reactions of children, parents and staff, and work with Ministry Architects to determine next steps. Please express your gratitude and appreciation to our Search Team for being so generous with their time and energy during this important process.

### Let's Celebrate (Little) Debbie



**Love Offering**—Please write a check to WMUMC and write “Debbie’s Love Offering” in the memo line OR give online at [wesleymemorial.org](http://wesleymemorial.org) (give online);

**Children & Family Dinner**— Wednesday, March 18 from 5:45—6:45 pm in the Dining Hall. FREE DINNER. Come celebrate Debbie’s ministry.

**Last Sunday**—Sunday, March 29. Pastor Jeff will honor Debbie’s ministry and retirement at the 11:00 am service. A reception will follow in the Asbury Room.



### Vacation Bible School

For children 3 years old\* – 5<sup>th</sup> grade  
(\*must turn 4 by 8.31.20)

**Monday, July 20-Thursdays 23**  
**9:00am - 12:30 pm**

At Rocky Railway VBS, kids discover Jesus’ power can pull them through life’s ups and downs. Rocky Railway is filled with incredible Bible-learning experiences kids see, hear, touch, and even taste! Scency-Fun Gizmos™, team-building games, cool Bible songs, and tasty treats are just a few of the standout activities that help faith flow into real life.

**Online registration will begin mid-May.**





## Easter Candy Donations Needed

We need candy and small treat donations for our Children's Easter events April 3 and 5. We need candy (individually wrapped), small prizes and stickers for treat bags and for putting in eggs. Please place your donations in labeled baskets outside each worship space and in the front lobby area. Thanks in advance for your donations!

**The Amazing Race**

**Friday**  
**April 3**  
 6:00—8:00 pm  
 Grades 3-5

Bring a flashlight. Join teams of friends.  
 Follow clues. Hunt for Easter candy in the dark!  
 \$5 pizza dinner.

Register by April 1  
[ksuda@wesleymemorial.org](mailto:ksuda@wesleymemorial.org)

after  
**DARK**  
 scavenger  
**HUNT**

**Sunday, April 5**

**EASTER**  
**HOG**  
**STRAVAGANZA**

**Fun for the Whole Family!**

Games • Inflatables • Crafts • Prizes • Candy

**3:00 – 5:00 pm**

Wesley Memorial United Methodist Church  
 1225 Chestnut Drive • High Point, NC 27262 • [wesleymemorial.org](http://wesleymemorial.org)

Sunday Morning Worship Times  
 8:30 • 9:45 • 11:00





**JoAnn Clifton**

jclifton@wesleymemorial.org  
336.884.4232

**Director of  
Wesley Memorial School**

**Children In Mission...**

Our annual Super Hero Dash is coming up, Friday, March 27 at 10:00 am in the front circle. All are welcome to come out and support our little "Super Heroes" earning money for Family Services of the Piedmont Changing Lives Program.



**Have you registered your child for our  
2020/2021 school year?**

**See JoAnn Clifton or Susan Kelley  
for information.**

**WMS SUMMER PROGRAM**

**Enrollment coming in March**

Spaces are limited for our half day summer camp program for ages infant through rising first graders.



**Susan Kelley**

skelley@wesleymemorial.org  
336.884.4232

**Associate Director of  
Wesley Memorial School**





## We Remember and Honor our Loved Ones

### In Memory of:

*Corrections from February Heartbeat*

**Betsy Collins:** Gina & William Laney, Carson and Nan

**Betty Jo Kellam:** Becky & Herman Hunter

**Mary Louise Stone:** Rusty Payne

**Gib White:** Rusty Payne

**Julian Bernard White:** Rusty Payne

*Gifts received January 2020*

**Howard Coble:** Dwight & Carolyn Steed

**Betsy Collins:** Anne & Norman Andrews; Ned & Katherine Covington; Dorothy Dickerson; Michael & Mary Drummond; Crystal Gonzalez; Jean Herring; James & Phyllis Morgan; Hilda Owen; George & Betsy Price; Nido & Mariana Qubein; Adelaide & Jim Small

**Jean Holcomb (mother of Jim Holcomb):** Dwight & Carolyn Steed

**Cheryl Riggs Rice (sister of Jackie Gillespie):** Jackie Gillespie

**June Zike:** Jan & Jerry Moynihan; Georgia Rasmussen; Dwight & Carolyn Steed

### In Honor of:

*Corrections from February Heartbeat*

**Bill Anderson** on his 90th birthday: The Family of Bill Anderson

**Joann McCuiston:** Rusty Payne

**Richard Orr & Family:** Rusty Payne

*Gifts received January 2020*

**Anne Carroll:** Anonymous

**Chancel Choir:** Anonymous

**Frank Pifferetti:** Anonymous

**Bill Collins:** Dorothy Dickerson

**Joseph Gamble:** Dwight & Carolyn Steed

**Jeff Patterson:** Monday Interdenominational Bible Study; Susanna Wesley Sunday School Class

## Sympathies

**Jim Williamson** and family upon the death of his mother, **Virginia Vaughan Williamson**, on January 23, 2020

**Dwight Story** and family upon the death of his sister, **Melba Watson**, on February 5, 2020

**Harold "Wilson"** and family upon the death of his mother, **Mary Coltrane Wilson**, on February 14, 2020



## For Senior Adults

(60+ years)

**Tuesday, March 24 Day Trip**

**Ava Gardner Museum,  
Smithfield NC**

**Time:** 9:00 am Depart/ 5:00 pm Return

**Transportation:** Senior Adult Bus  
(2 hours to Smithfield)

**Cost:** Your Lunch at White Swan Restaurant,  
plus \$10 Admission at Museum

Museum honors the life, loves, & legacy of NC's own movie star! Introductory film on Ava's life and self-guided tour of 16+ exhibits. Incredible

collection of photos, movie costumes, original scripts, art collection and memorabilia about this glamorous leading lady!

**Want To Come?** Contact **Susan Sumpter** at **336-848-4128** or **susan.m.sumpter@gmail.com**

**APRIL 2020**

**HEART♥BEAT**

**Deadline**

**Thursday, March 19**

**5:00 pm**

**showell@wesleymemorial.org**



# United Methodist Women

FAITH • HOPE • LOVE IN ACTION

The UMW is sponsoring a **Blood Drive** on Sunday, March 15, 8:30 am - 1:30 pm in the Dining Hall. Schedule an appointment online at [www.redcrossblood.org](http://www.redcrossblood.org) and enter sponsor code "Wesley".

You can also contact **Glenda Miller** at **336.869.7529** or [gmliller@northstate.net](mailto:gmliller@northstate.net).

*Help save up to 3 lives with your donation.*

The UMW donated \$500 to **Caring Services** in High Point to continue their programs to help men and women conquer substance abuse.

UMW Board will not meet in March or April. Next meeting is May 4, 10:30 am.

**UMW District Prayer Breakfast** is Saturday, April 4, Christ United Methodist Church, Greensboro. Speaker is Reverend Bev Copley. Breakfast served 9 - 9:45 and program is 10 - noon. Registration ends March 24. Breakfast is \$6.

## **March Circle Meetings:**

**Friendship Circle** - Monday, March 9, 11:30 am, small dining room. Program is "Meet Ceci Thomas".

**Circle #6** - Monday, March 9, 7:00 pm at the home of Alice Ervin, 5441 Geneva Terrace, Colfax 27235. Program TBA.

**Circle #8** - Monday, March 9, 11:00 am in the Dining Hall, stuffing comfort pillows.

**Circle #9** - Tuesday, March 17, 10:30 am in the Dining Hall.

Angel Tree Circle will not meet in March or April

## **HEARTBEAT (USPS 327-700)**

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## **WESLEY MEMORIAL** A UNITED METHODIST CONGREGATION

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