

The Heart V beat

A monthly newsletter of **Wesley Memorial United Methodist Church** 1225 Chestnut Drive • High Point, NC 27262

Vol. 27. No. 1

November 2019



Pastor Jeff

Senior Pastor 336.812.4808 jpatterson@wesleymemorial.org

eternal fellowship.

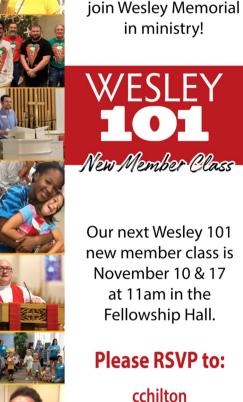
A Month Of Opportunities

November is a month of spiritual opportunities. I hope that you receive the month with great spiritual expectancy.

On All Saints' Sunday, November 3, we remember those that we love and are now dwelling on another shore in a heavenly reality. We remember those who lived and died in the Christian faith. We remind ourselves that the Communion of the Saints is an

Our Wholeness and Healing Service also occurs on All Saints' Sunday at 5 pm. Since the passing of loved ones from our lives leaves us with a sadness and longing for their physical presence, this service is designed to bring comfort and peace to participants. Who would God have you bring with you to this special service in our beautiful sanctuary?

There will also be a powerfully practical parenting conference on All Saints' Sunday from 5:00 - 7:30 pm. All of us who have raised children know how hard it is to raise Christian children in this secular age. We want to help each other be effective parents.



New Member Class

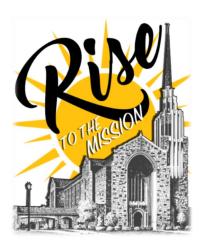
Take that next step-

Our next Wesley 101 new member class is November 10 & 17 at 11am in the Fellowship Hall.

Please RSVP to:

cchilton @wesleymemorial.org

New Member Classes will be held on Sunday mornings, November 10 and 17. This will be a great opportunity to learn more about our faith, our congregation, and other people who are interested in (Continued on page 2) joining our church family. To be part of this experience, just let me know.



From 4:00-6:00 pm on **Sunday**, **November 10**, we will be celebrating the fruits of our Fall Stewardship Campaign with hamburgers, hotdogs, Kona ice, activities for the kids, and a Bluegrass band. This

will be a wonderful time of fellowship and fun for the whole family. If you haven't turned in your 2020 Mission and Ministry pledge, please consider turning it in by this celebration. We want you to experience the joy of this day.

Sunday, November 24, is **Christ the King Sunday**. This Sunday completes the Christian Year with a hope-filled reminder that one day Christ will complete history by his return to reign upon this earth. In an age when the Church is faced with so many distractions, our observance of the Church Year keeps us focused on Christ.

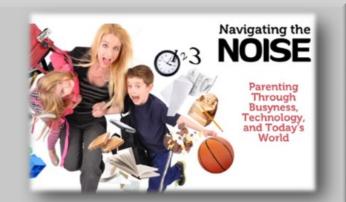
November 28 is our national **Day of Thanksgiving.** We have much for which to be thankful. We will have a special Vesper Thanksgiving Service on November 27 to help us prepare for Thanksgiving Day.

These are just a few of the opportunities that will come our way during November. Together, we love, we grow, we change the world.

With Confidence in Christ,

Pastor Jeff





Sunday, November 3 from 5:00 pm-7:30 pm



All Congregation

Stewardship Celebration Sunday, November 10

4:00-6:00 pm

Hot dogs • Hamburgers • Kona Ice Bounce House • Blue Grass Band Great Fellowship

METAL CRAFT

CAROLINACHRISTMASBAZAAR URDAY NOVEMBER 16, 2019 • 8 AM - 3 PM **A Project of Wesley Memorial United Methodist Women** 75 Vendors JEWELRY Silent Auction & General Store SEWN & KNITTED CRAFTS Food-A-Rama and Bake Sale WOODCRAFTS & CARVINGS **SOAPS & LOTIONS** Sausage Biscuits & Muffin Breakfast GINGERBREAD HOUSES Sandwich/Hot Dog & Soup Lunch ARTWORK Proceeds benefit Missions! POTTERY HOUSEHOLD ITEMS FREE ADMISSION & PARKING STAINED GLASS WREATHS WESLEY MEMORIAL TOYS & DOLLS A UNITED METHODIST CONGREGATION HOUSEPLANTS HANDBAGS 1225 Chestnut Drive - High Point, NC 27262 CHRISTMAS DECOR

www.wesleymemorial.org/CarolinaChristmasBazaar

CAROLINA CHRISTMAS BAZAAR

Saturday, November 16, 2019, 8:00 a.m. – 3:00 p.m. Wesley Memorial United Methodist Women

RESTAURANT

Kari Craig Susan Sumpter 336-847-514 336-848-4128 kcraig1063@northstate.net

Mary Ann Bohi and Bonnie Horney, advisors

It takes 35 volunteers to decorate the dining hall, cook and serve 500 meals on Saturday. Additional help is needed on Thursday and Friday before the Bazaar to make soup, pimento cheese and brownies, donate desserts and to decorate tables. CONTACT Kari if you would like to help.

EXHIBITORS

the second se			
Martha Jobe	336-880-6963	CarolinaChristmasBazaar@gmail.com	
Julie Sanders	336-889-3661	jvs@triad.rr.com	
Over 75 vendors. September 1 was the deadline for applications.			
HELP NEEDED:	Wednesday, November 13 (6:30 pm – 7:30 pm) for table & chair setup		
	Friday, November 15 (2:00 – 7:00 pm) for Vendor setup		
A STATE OF STATE	Saturday, November 16 (4:00 – 5:30 pm) for clean up and restaging for Sunday Worship		
GENERAL STORE			
Judy Hustrulid	336-887-3679	judyhus@northstate.net	
CLEAN, gently used items for the General Store are needed. NO clothing!			
HELP NEEDED:	Unpack, price and set up the store		
	Thursday, November 14 (10:00 am – 4:00 pm)		
a share a share	Friday, November 15 (9:00 am - 3:00 pm)		
A STATE OF A STATE	During the Bazaar to sell and after the Bazaar to box up remaining items		
	Saturday, November 16 (8:00 am - 3:00 pm)		
SILENT AUCTION			
Carolyn Steed	336-882-4829	carolyndwight@northstate.net	

Your donation of collectibles, new items or antiques, art, sports tickets or gift certificates for business services for the SILENT AUCTION would be greatly appreciated. Contact Carolyn Steed to donate.

BAKE SALE

Glenda Miller

336-869-7529 (home) gmiller@northstate.net

336-870-4513 (cell)

Made from Scratch – Cakes, pies, bread, casseroles/stews/soups. Dishes that make life easier for those who have small children or work sell well. Vegetable casseroles, home canned items and frozen items are very popular.

HELP NEEDED:	to accept, wrap and price donated items		
	Friday, November 15 (10:00 am - 5:00 pm)		
	Saturday, November 16 (8:00 am - 12:00 pm)		

Contact Glenda Miller to volunteer! Your help will be greatly appreciated.

PUBLICITY

Marilyn Groome

336-259-0296

mrlgroome@yahoo.com



Pastor Melissa

Associate Pastor of Congregational Care & Missions 336.812.4815 mlowe@wesleymemorial.org

Letting Go

Beep. Beep. Beep. The alarm clock rouses me from my slumber. It's been a fitful night of sleep, as the children were restless most of the night. I take a moment and move toward the kitchen turning on the teakettle, and selecting my tea mug for the day. There is something soothing about the familiar routine of preparing the perfect cup of tea and allowing it to warm my hands. As the crisp air of fall has arrived, complete with scarves and cozy layers of light sweaters, my favorite season is finally here! I look out my kitchen window and observe the trees just beginning to display their beauty, leaves changing colors all around. Their most glorious splendor revealed as they let go, swirling in the breeze toward the ground.

This season of fall, I find myself invited to follow their path of letting go.

"Be still and know that I am God" (Psalm 46:10 NRSV)

The Hebrew root of the verb often translated into English as "be still", can also be translated as 'cease striving'.

I need that reminder. "Cease striving".

Such a simple phrase, yet why is it so challenging to me?

How often do I hold so tightly to seeking to control life, fearing that if I let go everything will fall apart? Yet the tighter I strive to hold on to any sense of self-sufficiency, the more things crumble into sand slipping between my fingers.

Responding to the command to 'let go' enables me to experience the freedom found in surrender to my Creator. It is not a letting go into nothingness and disintegration, but rather a letting go into a new realization, a profound knowing of who is the I AM. Freedom from fear, striving, and controlling, I find my strength in God alone.

"Cease striving and know that I am God" (Psalm 46:10 NASV)



This is my prayer for each one of us this Thanksgiving season that we may let go of all of our striving, seeking to control, and busyness. May we delight in the letting go of all our fear, that we might experience the fullness of joy found in God alone as our refuge. Rather than trying to simply juggle faster all of the many elements of our lives during the holidays,

fearing letting even one thing go, may we be awestruck with the wonder of knowing the glorious strength of our Savior. As we approach the Thanksgiving holiday, may we exalt and glorify the Lord with thankful hearts.

In Christ,

servations 336.884.2204 (by 11/15)

Pastor Melissa

Book Club 10:30 am Lunch & Program 11:45 am

uesday ovembe

10



4

Ever since I first heard of your strong faith in the Lord Jesus and your love for God's people everywhere, I have not stopped thanking God for you. – Ephesians 1:15

As we approach the Thanksgiving season I have many, many reasons to be thankful to God for this church family.

- I am thankful for the warmth of this congregation. Our "pass the peace" moments at the 9:45 service are genuine and inviting. Many guests have indicated what a positive impression this has made. Because of this, some of these new friends have felt led to sign up for the Wesley 101 New Member Class (November 10 & 17).
- I am thankful for the genuine desire to grow as disciples. Attendance at many
 of our weekly Bible studies, circles, small groups, Sunday school classes and
 Journey groups have been stellar. Ministry is essentially about relationships and
 connecting people to people, to grow in small and "unnoticed" ways together.
 I am thankful for so many of you who are committed to marinate on the Word
 and let God continually transform you as one body.
- I am thankful for how much this congregation loves their neighbors and has a spiritual burden for their city. I've seen many cars lately with our Wesley
 Memorial car magnets as well as many using our invite cards to help invite new friends into our congregation. (Continue to remember the 5-5-5 Rule on Sunday morning: take 5 minutes to talk to 5 new people within 5 feet of you).

Most of all, I am thankful for Jesus. May we continue to pursue Christ above all else, to know Him more and grow more as His disciples. All else is loss compared to the greatness of knowing Jesus as Lord. May we continue to lay down all that we are at His feet, for He is the only one worthy of all honor, glory and praise. Paul's prayer from Ephesians a few verses later is my prayer for each of you: may you know **God's power in your lives.** Never forget that the same power that rose Christ from the dead can live within you! This is good news: to know that we can be new creations in Christ.

I also pray that you will understand the incredible greatness of God's power for us who believe him. This is the same mighty power that raised Christ from the dead and seated him in the place of honor at God's right hand in the heavenly realms. (Ephesians 1:19-20)



Pastor Clark

Associate Pastor of Contemporary Worship & Evangelism 336.812.4813 cchilton@wesleymemorial.org

Missed a sermon? Want to hear it again?



Search for "Wesley Memorial Podcast" in iTunes or Google Play stores

Christ in Us!



Debbie Foust

Director of Children's Ministries 336.812.4804 dfoust@wesleymemorial.org

Movie Night

Friday November 8 (Dining Hall)

6:00 bring supper • 6:30 movie starts

GRINCH Bring lounge chairs, sleeping bag, pillows, etc. to get comfy

Hanging of the Greens

Sunday December 8 at 4:00 pm Dinner at 5:30 pm

Fun & Fellowship for all ages!

Celebrate the beginning of Advent

Dinner Reservations Due by Tuesday, December 3 Cost: Adult \$4, Children Under 11 \$2 Contact Kim Suda ksuda@wesleymemorial.org or 336.812.4802

Facebook join our group + Wesley Memorial Children's Ministries

Angel Tree Party Treat Bags for Children



Collection will be underway late November for supplies to fill 50+ Christmas treat bags for boys and girls who are part of our Angel Tree Outreach. Items needed are prewrapped snacks, candy, fruit, trail mix, etc. These treat bags will be given out at the Angel Tree party on December 14. Please follow the link on the church website **wesleymemorial.org** to the Sign-Up Genius and enter the items you will bring. Please bring items to the church and place in labeled bins on the Elementary Hall by December 10.

Children's Nativity December 15 at the 11:00 am Worship Service

Children in the 4-year-old class through 5th grade will dramatize the story of the birth of Jesus. This is a service that has been enjoyed by many generations here at Wesley Memorial. We will ask for signups for all the parts mid-November. The list of ages and parts are below:

Ages 4 & 5-Boys & Girls - Sheep Grades 1 & 2 Girls - Angels Grades 1 & 2 Boys - Shepherds, Donkey, Cow Grades 3, 4 & 5 Girls - Shepherds, Angels, Magi Grades 3, 4 & 5 Boys - Shepherds, Magi Grades 4 & 5 Boys & Girls - Narrators

Please contact Kim Suda at **ksuda@wesleymemorial.org** by December 9 to sign up for a role for your child. Rehearsal will be Saturday, December 14 at 10:00 am

Wesley 100 Christmas Trees:

We are sorry to report that our tree suppler had a bad growing season so the Wesley 100 will not be able to provide Christmas Trees this year. We hope to be able to resume sales next year.



Wesley 100 Chicken Pies 12" pie for \$12

Order: 336-884-2204

Pick up: 9:30 am-12:30 pm Sunday, November 24 Dining Hall

FIRST CHRISTMAS



Interdenominational Bible Study

Led by the Reverend Dr. Jeff Patterson Mondays 10:30 –11:30 am, Circle View Room (November 4–December 16)



JoAnn Clifton

Wesley Memorial School Director 336.884.4232 jclifton@wesleymemorial.org



Susan Kelley

Wesley Memorial School Associate Director 336.884.4232 skelley@wesleymemorial.org

Our Wesley Memorial School Children in Mission...

November is all about being thankful for what God has provided us and sharing it with those in need. Our children are putting this lesson to work through **DONA-TIONS OF CANNED & DRY FOOD ITEMS** to fill the pantry at Open Door Ministry. After our classes sort and count and graph their collections, they will help load the van with all the items they have brought in. This is always a wonderful demonstration of our caring for others at work!

We are Thankful for our Firefighter friends, our outdoor ECO Room experience, and Chapel time!





Would you like to be an Anthem Angel or sponsor an orchestra instrument? Anthem Angels purchase anthems for the Chancel Choir or a handbell choir from a list of anthems compiled by the Director of Music in memory or honor of a loved one, teacher, friend, etc. An announcement will be placed in the bulletin each time your anthem is sung or rung in worship. If you would like to sponsor an orchestra instrument when they are used in worship in



honor or memory or a loved one, contact **Anne Carroll**. Your sponsorship will be announced in the bulletin and your loved one mentioned.

In memory or honor of a loved one to decorate the church

istmas Memor

Contact Sue Schoch 336.812.4806 by Friday, December 13

column wreaths • door wreaths •poinsettias • Lovefeast candles





Anne Carroll

Director of Traditional Music 336.812.4816 acarroll@wesleymemorial.org



EVERYTHING YOU NEED TO KNOW ABOUT CAREGIVING AND TECHNOLOGY

"Kyle Robinson, Co-Founder of Wellzesta, Inc., a software company specializing in eldercare technology, presents:"

The New Frontier for Aging Well

What we measure we can change. Being healthy is different for each individual. Technology can help us leverage wellness-focused data to create a personalized plan for reaching positive outcomes for ourselves and our loved ones.

NOVEMBER 5, 2019, 5 15PM TO 7PM JAMESTOWN UNITED METHODIST CHURCH 403 E. MAIN ST. JAMESTOWN, NC 27282

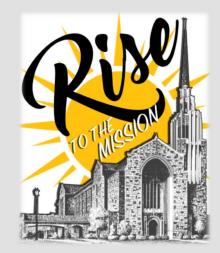
Come enjoy food and fellowship. Dinner will be provided. Registration Required Call 336-373-4816 Ext 240 to register!



These beautiful wreaths will hold the candles that are lit in our worship services during the Advent Season. What a way to make your spiritual journey through Advent more rewarding and bring the Spirit into our worship services! If you can help on **Saturday, November 30**, please contact Tish at **336.812.4808** or **tschultheiss@wesleymemorial.org**. Will you step out? Will you step up? Will you

Rise To The Mission?

Please submit your 2020 pledge TODAY! wesleymemorial.org/give



As of 10.28.2019

327 Pledges for 2020 (which includes)

32 NEW Pledges 134 Pledge INCREASES

75 Pledges Outstanding (pledged in 2019 but not 2020)

We need an additional \$322,000 to \$465,000 to meet our 2020 budget goals

We Remember and Honor

our Loved Ones

In Memory of:

Gifts received September 2019 William (Bill) McIllwaine Blanton, Jr.: Mr. & Mrs. Bruce Hathaway, Kathy Johnson, Patricia Sloan, Tom Ullman & Carol Young Donald (Pete) Brewer: John Peeler W. Howard Coble: Lucille Duncan, Nan & Buck Kester, Susanna Wesley SS Class, Keith & Cynthia Tobin Sandra Davis: Fredericka & Robert Davis Jean Holcomb (Mother of Jim Holcomb): Lucille Duncan, Mary & Tom Mason Daphne Horney: Tom Ullman & Carol Young Thomas (Tom) Jarrell: Chris Amos Rae Beck Logan (Mother of Andy Beck): Janie & Bob Bass, Carol Hutchins

Scotty Rawley: Chris Amos

W. Vann York: Grace & A.B. Henley, Carol Hutchins

In Honor of:

Gifts received September 2019 Cindy Dominick: Susanna Wesley Sunday School Class

Mike Hedrick: Jim & Betty Royal, Fredericka & Robert Davis

Pete Thompson: Mr. & Mrs. David Covington, Julia Fariss, Jim & Betty Royal, Amelia Schute, Jerry & Louella Stinson

Lou Washburn: Fredericka & Robert Davis

Royale & Michael Wiggins: Charles & Vanessa Surles

In Memoriam

W. Howard Coble, September 25, 2019 Leonard "Len" Francis Fletcher, September 26, 2019

Sympathies

Kitty Coble, Kathy Coble, Jerry Cornwell and family upon the death of their husband and father, W. Howard Coble on September 25, 2019

Beverly Fletcher and **Eric Fletcher** upon the death of her husband and his father; on September 26, 2019

Robert "Bob" Bundy and family upon the death of his wife; Carolyn Bundy on October 3, 2019

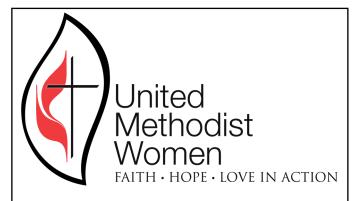
Martha Redmond and family upon the death of her father; Arnold Jackson Koonce Jr. on October 7, 2019

Christmas Memorials

It is that time of year again! Time for you to order your Christmas Memorial in memory or in honor of a loved one to decorate the church for Christmas. We have column wreaths, door wreaths, and poinsettias. This year we are selling Lovefeast candles in lots of \$25, \$50 and \$100 to be used during the Lovefeast on Christmas Eve. We will be taking orders until December 13, 2019. To place your order, please call Sue Schoch at 336.812.4806. Leave your message and she will call you back.

DECEMBER

Heart♥beat Deadline Thursday, November 14 5:00 pm showell@wesleymemorial.org



UMW Board will meet **Monday, November 4, 10:30 am** in the Small Dining Room

THE BAZAAR IS COMING !!! Saturday, November 16, 8:00 am-3:00 pm

- Vendors, Bake Sale, General Store, Silent Auction and Cafe. **FREE** Admission. Plan to attend and bring your friends.
- We'd love to have your gently used items for the Silent Auction and the General Store. Storage is now available downstairs in Room C106. Please box all you can, label for the Bazaar, call the church and let them know you are coming to drop off items. Ask them to unlock the door for you. NO clothing or large TVs.
- Volunteers are needed to set up and work The General Store Nov 14 -16. Call Judy for information 336.887.3679
- Calling all cooks for the Bazaar. Your desserts, casseroles, canned items, soup and bread are needed for the Bake Sale. You do not have to be a UMW member to contribute. Call Glenda Miller for details 336.869.7529.

Circle Meetings in November:

Angel Tree - TBA

Friendship - Monday, November 11, 11:30 am in the Small Dining Room. "Meet The Reverend Melissa Lowe"



Circle #8 - Thursday, November 7, 1 - 3 pm in the church kitchen, making casseroles for the Bazaar

Circle #9 - Tuesday, November 19, 10:30 am in the Dining Hall

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